# HOUSEHOLD SMOKING



### Smoking During Pregnancy

Women who smoke during pregnancy are more likely to experience a fetal death or deliver a low birth weight baby.

#### Secondhand Smoke

Secondhand smoke is a mixture of mainstream smoke (exhaled by the smoker) and the more toxic side stream smoke (from the lit end of the nicotine product), which is classified as a "known human carcinogen."



#### DELAWARE CHILDREN WHO LIVE IN A HOUSEHOLD WHERE Someone Smokes Based on Race/Ethnicity (2020/2021 National Survey of Children's Health)

#### PERCENTAGE OF CHILDREN, AGES 0-17, WHO LIVE IN HOUSEHOLDS WHERE SOMEONE SMOKES (2020/2021) NATIONAL SURVEY OF CHILDREN'S HEALTH)



HOW ARE WE DOING?

According to the 2020/2021 National Survey of Children's Health, 87.5% of Delaware children don't live in a household where someone smokes, which mirrors the national average of 86.2%.

Tobacco use remains the number one underlying cause of premature death and disability in Delaware and the nation.

## HOUSEHOLD SMOKING



https://dethrives.com/title-v



#### FEDERAL OBJECTIVES

Decrease the number of households where someone smokes

Reduce the proportion of children exposed to secondhand smoke

Decrease the number of women who smoke during pregnancy



CYSHCN

Non-CYSHCN

PERCENTAGE OF DELAWARE CHILDREN, AGES 0-17, Who Live in Households Where Someone Smokes (2020/2021) National Survey for Children's Health)

#### HOW ARE WE DOING?

Among Delaware's Children and Youth with Special Health Care Needs (CYSHCN), 15.3% live in a household where someone smokes compared to the national average of 18.7%. Of Delaware's Non-CYSHCN, 11.7% live in a household where someone smokes compared to the national average of 12.6%.



Respiratory symptoms, including cough, phlegm, wheezing, and breathlessness, among school-aged children.

Ear infections are more likely to need an operation to insert ear tubes for drainage.

Acute lower respiratory infections such as bronchitis and pneumonia in infant and young children.

Children who have asthma and who experience more frequent and severe asthma attacks.

Respiratory related hospital admissions during infancy.

Sudden Infant Death Syndrome (SIDS)

DELAWARE'S COMMUNITY VOICE

"Bad habits that include fast food, smoking, drinking, and not exercising are things that make it hard for women to be healthy before pregnancy."

**C** The main place where young children are exposed to second hand smoke is at home.

Smoke-free home and vehicle rules help protect children and adults.

