PRETERM BIRTH

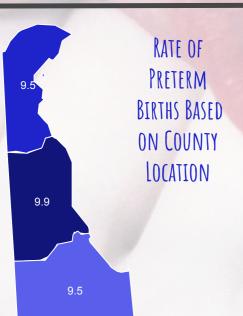


PRETERM BIRTH

Preterm birth, defined as delivery prior to 37 weeks of gestation (i.e., period of time between conception and birth measured in weeks) is the leading cause of neonatal mortality and morbidity.

HOW ARE WE DOING?

From 2010 to 2020, the rate of preterm births has increased and decreased; however, from 2010 to 2020 - the rate remains unchanged at 10.3.

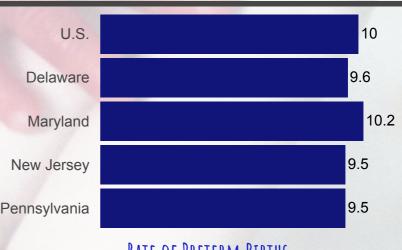


66

Between 2010 - 2018, there were 173 pretermrelated deaths to black infants compared to 81 preterm-related deaths to white infants.



RATE OF DELAWARE PRETERM BIRTHS



RATE OF PRETERM BIRTHS

There are several causes of preterm birth that include modifiable and non-modifiable risk factors (previous history of preterm birth, extremes of maternal age, multiple pregnancies). Some modifiable factors include nutrition, low socioeconomic status, low body mass index (BMI), obesity, poor pregnancy weight gain, smoking, substance abuse, short inter-pregnancy interval, periodontal disease, bacterial vaginosis, late or no prenatal care, untreated antenatal depression, and the use of assisted reproductive technologies.