### HOME VISITORS 2024 RETREAT CARING FOR THE COMMUNITY WHILE TAKING CARE OF YOU.



### **Opening Remarks**

## Kelly Ensslin, Esq.

Chief of Legal Services, Office of the Child Advocate of Delaware, Chair of the Home Visiting Community Advisory Board (HV CAB)



# Thank you!

The Delaware Division of Public Health (DPH) thanks you for your daily efforts that support and help Delaware families. Because of your persistent work and dedication, children and families are able to live in healthier, happier, and safer homes.







- Develop a set of skills and strategies that can help Home Visiting Professionals take care of their physical, emotional, and mental well-being and improve their overall quality of life.
- Gain a better understanding of Autism and its impact on individuals and their families. This includes developing knowledge about the range of symptoms, recognizing the strengths and challenges of individuals on the autism spectrum, learning strategies for supporting families, and advocating for individuals with autism.





- Network with other Family Support Specialists to build a supportive community of professionals who share knowledge, resources, and best practices in the field of home visiting.
- Share ideas and strategies, learn about new tools and techniques for engaging families, and build a network of referrals for families who may need additional support.
- Understand Infant and Early Childhood Mental Health Consultation and how this practice supports both professionals and families to promote positive outcomes.





### The Mission of the Home Visiting Community Advisory Board (HV CAB)

Providers, policymakers, and other advocates, including numerous stakeholders, oversee the coordination of Home Visiting services within the early childhood system to ensure quality service delivery. HV CAB promotes a cross-sector collaboration among relevant state and community-based organizations to reduce duplication and advance common goals.



### Play Our Bingo Ice Breaker Game!

Meet other Family Support Specialist professionals in the room and play for three chances to win a **\$25 gift card!** 

### HOW TO PLAY

- Write your name on the paper.
- Try to identify someone who meets the criteria listed in each box.
- Have them initial that box.
- Once you score a BINGO, place your paper into the basket located next to the stage.
- Entries are due by lunchtime.





A message from

#### The Honorable Bethany A. Hall-Long, PhD, RNC, FAAN

Lieutenant Governor State of Delaware



**FPO:** - We need to include a placeholder to show the Lt. Gov's prerecorded video (3 minutes in length - to come.)





A message from

### Josette D. Manning, Esq.

Cabinet Secretary

Delaware Department of Health and Social Services



**FPO:** - video message from Secretary Manning



### Building Your Bounce: Promoting Adult Resilience



#### Moderated by: **Kirsten Olson** <u>CEO, Children & Families First (CFF)</u>



### Building Your Bounce: Promoting Adult Resilience



#### Nefertiti Poyner, EdD

Devereux Center for Resilient Children, Early Childhood Specialist and National Trainer



### Self-Care and Wellness on Your Own Terms



#### Moderated by: **Zakiya Yejide Bakari-Griffin** Chief Prevention Program Officer, CFF



### Self-Care and Wellness on Your Own Terms



#### **Jennifer Clement**

Educere Institute, Owner and Director





### Lunch Break

Next presentation at 12:30 p.m.





















































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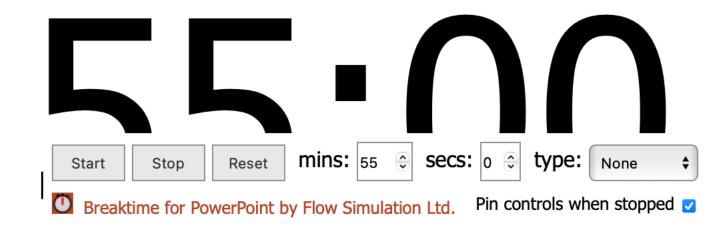














### Infant Early Childhood Mental Health Consultation



#### Moderated by: Amber D. Shelton, PhD

Education Associate, Office of Early Learning, Delaware Department of Education (DDOE)



### Infant Early Childhood Mental Health Consultation



#### Mary Mackrain, PhD

Education Development Center, Director of Maternal and Child Health



### Panelist Discussion: Understanding Autism



#### Moderated by: Emily Thompson, MSM

Public Health Treatment Program Administrator for the Home Visiting Program, DPH



# Panelist Discussion: Understanding Autism

#### **MEET OUR PANELISTS:**

#### **Jennifer Aaron**

Parent Consultant, Parent Information Center (PIC)

#### Christina (Tina) Andrews, MPA, MEd, SBD

Project Coordinator, Health Initiatives, PIC

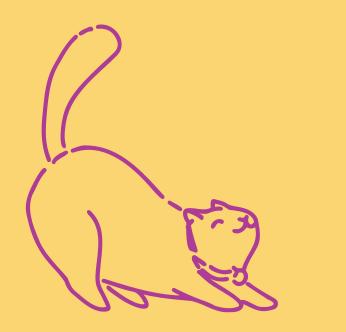
#### Erin E. Rich, MAT

Social Services Administrator/Assistant Part C Coordinator, Birth to Three Early Intervention Program

#### **Allyson Davis, PhD**

Pediatric Psychologist, Swank Autism Center, Nemours Children's Health





## **Stretch your legs!**

And enjoy yourself.

Closing remarks will start at 3:30 p.m.

### Don't forget to check out:

- The resource-sharing table
- Massages
- Professional headshots
- Group photos
- Social media shoutout video clips
- Our wonderful vendors



















































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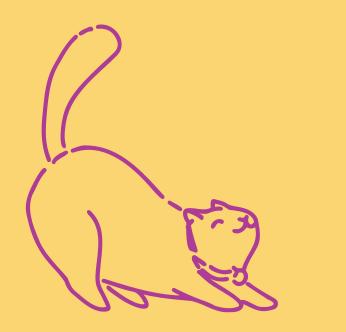












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### **Closing Remarks**

### **Crystal Sherman**

Bureau Chief, Maternal and Child Health Bureau, DPH





### Please consider sharing your thoughts on this event! **Fill out the short evaluation survey.**

A hardcopy form is available, and one will also be sent to you via email.





# Thank you for data attending!

Your dedication to bettering yourself so that you can better the lives of others makes a profound difference throughout Delaware.

