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| **Date:** February 27, 2023 |  |
| **PEDS TEAM MEETING** |  |
| **Location:** Zoom Conference Call |  |

**MEMBER ATTENDANCE:**

🗹 Garrett Colmorgen, MD 🗹 Sarah Knavel, Bayhealth 🗹 Nancy Petit, MD, SF

🗹 Nancy Forsyth, Co-Chair, Beebe 🗹 David Hack, MD, SF 🗹 Joanna Costa, MD, Nemours,

🗹 Diane Hitchens, Tidal Health 🗹 Wendyu McGee, Bayhealth, Kent 🗹 Lisa Klein, MCDRC

🗹 Meena Ramakrishnam, MCDRC

**FACILITATOR:**

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| 🗹 Dr. David Paul, MD |  |  |

**OTHER STAFF ATTENDANCE:**

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| **TOPIC** | **FINDINGS, CONCLUSIONS & RECOMMENDATIONS** | **ACTIONS** | **STATUS** |
| I. Call to order | The meeting was called to order by Dr. Paul at 3:30p.m. | No further action. | Resolved |
| II. NOWS Data | The goal was to reduce LOS by 20% for NOWS by July 2022 and Delaware did not meet that goal. Primary drivers were pharmacologic care, maternal methadone use in Delaware MAT, DFS Disposition and NICU Care. Data for each hospital was reviewed. Primary medication was morphine at each facility and non-pharmalogical approaches by each facility reviewed. | No further action. | Resolved |
| III. Eat, Sleep, Console Discussion | Dr. Paul shared that CCHS was one of 30 facilities that participated in Eat, Sleep and Console Study. Preliminary data showed that presently, using Finnigan Scale, which was started in 1973, and with Eat, Sleep and Console the proportion of medically treated infants went from 50% to 17% and LOS dropped one week. This study is presently in revision with the New England Journal of Medicine and should be public soon. All agreed the state should consider each facility moving to this approach. With Eat, Sleep and Console, there is no scoring; establish if baby is feeding at least one ounce. Sleeping at least an hour and can be consoled for 20 minutes. If not, nurses huddle and manage non-pharmalogical management. Second time this doesn’t work, they huddle with full care team and ideally family to maximize non-pharmalogical management and then move to morphine if necessary. There is decision tree process. Each coordinator to discuss with their facility and get feedback or issues and will continue discussion at next meeting. Dr. Paul to send out protocol for each facility to review. | No further action | Resolved |
| XIII. Adjournment | There being no further items, the meeting adjourned at 4:24p.m. | No further action | Resolved |

*Minutes prepared by JoEllen Kimmey, DPH*

**Upcoming Meetings:**

**March 27th, 2023, 3:30pm-4:30pm**