# Help Me Grow Advisory Committee Meeting Tuesday January 10, 2023

**Meeting Minutes**

**Participants**: Donna Snyder-White, Daphne Evans, Megan Hayes, Vikrum Vishnubhakta, Paulina Gyan, Jennifer Fromme, Courtney Kenton, Debbie Finch, Chelsea Manwiller, Belvie Herbert, Avery Mills, Aguida Atkinson, Annie Norman, Diane Frentzel, Dawn Alexander, Nick Conte, Jenny Grady, Jamie Walko, Erin Nescott, Roberta Banks

**Welcome and Introduction**: **Paulina Gyan** 2023 Strategic planning for HMG! HMG 2.0! **2022 Updates: Paulina Gyan**

* HMG 10th Anniversary Celebration (November 9, 2022).
* There was 60 or more people in attendance. There was 2 sessions speeches (morning)/community resource (afternoon), open to public.
* Proclamation read from the Governor’s office.
* Evaluation/picture information was sent out.
* 2 Candidates: Doug (Nemours) (brain behind QT30)/ Norma Everett (started ECCS in the State); Where Delaware was and when HMG was brought in.
* 2 Parents: Grandparent/Parent; used HMG/211 and spoke about their experiences.
* Recognition: Matt Denn (Led Legislation) (ASQ/PEDS) (have insurance coverage)/Norma (reached out To Mr. Doug)
* Recognition: Dr. Aguida Atkinson (2005 Physician Champion)
* Pictures were sent out. Also did evaluations.
* Donna presented the data.
* Paulina Gyan spoke about the accomplishments/goals.

# Goal Concordant Care Learning Community: Erin Nescott/Vikrum Vishnubhakta

* Thanked everyone for their support (211).
* Goal concordant is a national approach, partnered with other States. It is a strength-based approach geared towards families’ goals for better outcomes. Working with the Center for Study of Social Policies.
* Parent protective factor is the survey tool.
* 4-5 Categories: Social Connections, Parental Resilience, Social emotional competence, Concrete Support, and knowledge of Early childhood. Having family to be more involved to become strong and achieve individualized goals.
* We are the first State to pilot online format via Qualtrics.
* Analyzing results/feedback; 36 statement survey. Score survey every week (Tuesday), as a guide for screening tool (English and Spanish).
* CSSP developed PAPF, one of the researchers at CSSP had her own program, the in person and working with families. Parent protective factor will be used in BBB events to build relationships and strengthen the effects.

# CHADIS- Paulina

* Web-based program initially tailored for healthcare founded by two physicians.
* A Referral platform to see if the referral program is working how it is supposed to.
* 4 Physician practices using CHADIS.
* Meeting on January 11, 2023, to address feedback.

# Strategic planning

* Reached out to National Center and New Jersey to see how we can get someone who has more exposure to help facilitate.
* Need feedback.
* Must complete Fidelity assessment.
* Help providers support to grow HMG for outreach.
* Business engagement to be involved in Businesses and do outreach.

# BBB Events and Promotions, Daphne Evans

* Books, Balls and Blocks is an HMG program started in Utah in person prior to COVID. Set up stations for children to learn (Gross motor, fine motor, communication, problem solving, and Literacy).
* Had 3 sessions for three- and four-year-old for October and November. Take a topic every other week with lessons on the topics.
* Developing relationships with parents.
* On January 21, 2023, February 4, 2023, and February 21, 2023, will be next sessions.
* Invited others to participate and promote for the families on Facebook live for 5-10 minutes.

# Early Literacy, Dr. Aguida/Megan Hayes

* Reach out Read work with Readiness team to get books to distribute out to children.
* Reach out Read was to validate Early Literacy.
* Reach out Read was created by Pediatricians in Massachusetts to spread throughout the country.
* Have 16 sites of Reach out Read (independent sites).
* Reach out Read of New Jersey was interested in expanding Delaware.
* Clinics must purchase their own book which is expensive.
* Applied for a grant and awarded the Longwood grant for $250,000/
* Will continue fundraising.
* Imagination Library and Reach out Read will come together as a team.

**Any other Business**

**Next meeting February 21, 2023, at 10am**