



# DELAWARE FAMILY SUPPORT SPECIALIST

Resource Toolkit

Your Complete Guide to Essential Resources and Tools

# GET STARTED WITH THE DELAWARE FAMILY SUPPORT HUB APP

**Skip the search. Get instant access to everything you need.**

This toolkit contains dozens of valuable resources, but here's the reality: you're busy, you're on the go, and you need information fast. The Delaware Family Support Hub app puts every single resource listed in this toolkit right at your fingertips. Whether you're in a family's home, driving between visits, or working from your office.

Instead of bookmarking websites, saving PDFs to your computer, or carrying printed materials, the app gives you instant access to everything you need, exactly when you need it.

Think of this toolkit as your comprehensive reference guide, and the app as your portable, always-available version of the same resources.

## WHY CHOOSE THE APP



### Instant Access

All PDFs, links, and resources from this toolkit are available in seconds.



### Always With You

Access on your phone, tablet, or computer. Wherever you are.



### Real-Time Updates

Resources are automatically updated, so you always have the latest information.



### Share on the Spot

Send resources directly to families during visits via email.



### Connect with Colleagues

Message other FSS for advice and support.



### Offline Capability

Download important resources when WiFi isn't available.



## GET THE APP

**Download:** Apple App Store (iPhone) or Google Play (Android)

**Web Access:** [defamilysupporthub.org](http://defamilysupporthub.org)

**The choice is yours:** Use this toolkit as your comprehensive reference guide, or let the app bring all these resources to you wherever your work takes you.



# RESOURCE GUIDE



## 1. MIECHV PROGRAM FOUNDATION

Use this section when you need to:

- ♥ Explain the home visiting program to families or community partners
- ♥ Understand program goals and requirements
- ♥ Access current data to demonstrate program effectiveness
- ♥ Answer questions about MIECHV benchmarks and outcomes

### [Delaware MIECHV Program FY 2023](#)

Comprehensive overview of Delaware's MIECHV program structure, goals, and services.

### [MIECHV Benchmarks Document](#)

Detailed explanation of the six benchmark areas that guide program effectiveness.

### [Maternal, Infant, and Early Childhood Home Visiting Infographic](#)

Visual summary of MIECHV program benefits and impact nationwide.

## 2. EVIDENCE-BASED HOME VISITING MODELS

Use this section when you need to:

- ♥ Understand the different home visiting approaches available in Delaware
- ♥ Make referrals to other programs that might better fit a family's needs
- ♥ Explain to families why evidence-based models are important

### [Home Visiting Evidence of Effectiveness \(HomVEE\) Q&A](#)

Understanding how home visiting models are evaluated for effectiveness.

### [Home Visiting Model Search](#)

A comprehensive database to explore different evidence-based models.

### [Children & Families First - HFA](#)

Information about Healthy Families America program implementation.

### [Children & Families First - NFP](#)

Local NFP program information and services.

### [PAT Delaware Department of Education](#)

Parents as Teachers program information and resources.

### [Delaware Programs – Delaware Head Start Association](#)

Early Head Start program information and local contacts.

### [New Directions Early Head Start](#)

Specific Early Head Start program implementation details.

# RESOURCE GUIDE



## 3. PROGRAM SUPPORT & COORDINATION

Download the Referral Form! [English](#) [Spanish](#)

Use this section when you need to:

- ♥ Quickly check program eligibility requirements
- ♥ Coordinate with other agencies and programs
- ♥ Understand multi-system collaboration approaches
- ♥ Share program information with healthcare providers, schools, or social services

### [Home Visiting Flyer](#)

Promotional material to share with families and community partners.

### [Home Visiting Checklist Flyer](#)

Quick reference guide for program eligibility and services.

### [HV CAB Flyer](#)

Information about the Home Visiting Community Advisory Board (HVCAB).

### [Multisystem Healthy Action Committee \(MSHAC\)](#)

Information about the Multisystem Healthy Action Committee

### [Home Visiting Coalition](#)

National advocacy and policy information for home visiting programs.

### [Health Resources and Services Administration \(HRSA\)](#)

Federal agency resources and funding information.

## 4. COMMUNITY HEALTH WORKERS & SUPPORT SERVICES

Use this section when you need to:

- ♥ Connect families with additional support services beyond home visiting
- ♥ Make referrals to Community Health Workers (CHWs)
- ♥ Help families access transportation, housing, or healthcare navigation
- ♥ Find support for families with complex social needs
- ♥ Connect families to Help Me Grow services
- ♥ Locate county-specific CHW programs
- ♥ Explain to families what CHWs do and how they can help

### [Help Me Grow \(211\)](#)

Delaware's central resource for early childhood development and family support.

### [What are Community Health Workers?](#)

Understanding the role of CHWs in supporting families.

### [How can CHWs Help?](#)

Specific ways CHWs support home visiting families.

### [Christiana Care Home Visiting Community Health Workers \(CCHS HV CHW\)](#)

Information about CHW services in New Castle County.

### [Westside Family Healthcare \(WFH HV CHW\)](#)

HV CHW services are available in Kent County & beyond.

### [Quality Insights Delaware \(QID\) CHWs](#)

CHW support services are available across all three Delaware counties.

# RESOURCE GUIDE



## 5. PROFESSIONAL DEVELOPMENT & TRAINING

Use this section when you need to:

- ♥ Build new skills and competencies
- ♥ Access safety protocols and procedures
- ♥ Find professional development opportunities
- ♥ Stay current with best practices in home visiting
- ♥ Access ongoing learning resources and support

### Prevent Child Abuse Delaware (PCAD)

PCAD provides wrap around training for the Home Visiting program.

### Highlights of Wrap Around Training

Overview of additional training opportunities available to all home visitors.

### Sprout Infant & Early Childhood Mental Health Training

Required training for understanding early childhood mental health.

### Sign Up - Institute for the Advancement of Family Support Professionals

Access to online training modules and professional certification.

### Home Visitor Safety Training

Essential safety protocols and procedures for home visiting.

### Home Visitor Resource Center

Comprehensive resource library for ongoing professional development.

## 6. INFANT & EARLY CHILDHOOD MENTAL HEALTH CONSULTATION (IECMHC)

Use this section when you encounter:

- ♥ Social-emotional development concerns
- ♥ Complex family dynamics that affect child development
- ♥ Need for specialized consultation on difficult cases
- ♥ Questions about trauma-informed care approaches

### IECMHC in Home Visiting

Overview of Infant and Early Childhood Mental Health Consultation services available.

### Guide to Implementation of IECMHC for Home Visiting Programs in Delaware

Detailed guide on how IECMHC works within home visiting programs.

### Infant and Early Childhood Mental Health Consultation (IECMHC) in Home Visiting | Delaware Thrives.

Specific information about accessing IECMHC services.

## 7. FAMILY RESOURCES & COMMUNICATION

Use this section when you need to:

- ♥ Share resources with families via email during or after visits.
- ♥ Free promotional and educational materials for families. Shipped to any location for free!
- ♥ Stay updated on program news and success stories

### DE Thrives

Delaware's comprehensive resource platform for families and professionals.

### Order Materials

Free promotional and educational materials for families.

### Subscribe: Home Visiting Highlights

Quarterly newsletter with program highlights, success stories, and Home Visiting Champions.

# HOW TO USE THIS TOOLKIT EFFECTIVELY

## TIPS FOR SUCCESS



### Bookmark the Delaware Family Support Hub App

It's your most valuable tool for quick access to resources during home visits.



### Download Offline Resources

Save important PDFs to your device for times when WiFi isn't available.



### Connect with Colleagues

Use the app's messaging feature to share experiences and get advice from other FSS.



### Plan Your Professional Development

Review the training resources regularly to stay current and build your skills.



### Think Family-Centered

Always consider how these resources can directly benefit the families you serve.



### Learning Management System

Make sure you've completed our on-demand FSS. Visit [familyhealthsystemsde.org](https://familyhealthsystemsde.org) to register and access the training modules.

## NEED HELP?

### Technical Support for Delaware Family Support Hub:

Submit a contact form at [defamilysupporthub.org](https://defamilysupporthub.org)

*Response within 5 business days*

### Program Questions:

Contact your supervisor or the Delaware Division of Public Health Home Visiting Team.



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This toolkit is designed to support your success as a Family Support Specialist. Keep it handy, refer to it often, and remember - these resources exist to help you provide the best possible support to Delaware families.