



WELL WOMAN-BLACK MATERNAL HEALTH

Meeting Minutes

Date: June 3, 2026, 11:00 AM – 12:00 PM. Virtual Zoom

Name of Note Taker: Marci Eads

Facilitators: Mona Liza Hamlin and Tiffany Chalk

Member Attendees: Mona Liza Hamlin, Tiffany Chalk, Erin Rideout, Meena Ramakrishnan, Philinda Mindler, Shebra Hall, Cynthia Guy, Tracy Harpe, Bridget Buckaloo

DPH Attendees: Naa Dede Hesse, Leah Jones, George Yocher, Chelsea Manwiller

HMA Attendees: Caitlin Loyd, Marci Eads

Other Attendees: Tavanya Lockett, Mainline Consultants; Kori Hambric; Peter Thistle, BAYADA Pediatrics, Tiara Jackson (nurse), Embraced by the Sun

Summary:

Agenda Item	Notes
Call to Order, Roll Call, and Approval of Minutes	<ul style="list-style-type: none"> Meena motioned to approve the minutes and Bridget seconded. No one opposed to minute approval. Minutes were approved.
Ground Rules	<ul style="list-style-type: none"> Mona Liza reviewed the ground rules and asked the committee if any members had feedback or additions. Members agreed to the ground rules.
HerStory 2.0	<p>The committee received an update on HerStory2.0. Most interviews have been completed. Some video interviews were done yesterday, June 2. Interviewees included: Dr. Alethea Miller; Bridget Buckaloo; Dr. McCall, Representative Minor-Brown; Cynthia Guy; Dr. Mpsi; Tiffany Chalk and others. One more interview planned with a new mom. There is no timeline for post-production yet.</p>
Resource List (Mona)	<p>The committee reviewed progress on the maternal health resource database being developed by TAPP.</p> <p>Current Progress</p> <ul style="list-style-type: none"> Interactive resource database has been built. Location-based map with category filters is complete. Individual resource detail pages have been created. A landing page has been developed to connect all components. <p>A live demonstration could not be provided in this meeting, but screenshots were shared showing:</p> <ul style="list-style-type: none"> The landing page

Drafted meeting minutes are subject to change based on the next committee meeting.



	<ul style="list-style-type: none">• Interactive resource map• Resource detail pages <p>Key Discussion Points</p> <ul style="list-style-type: none">• Members praised the design and responsiveness to previous stakeholder feedback.• Emphasis was placed on creating a user-friendly tool for both consumers and providers.• Members suggested eventually including resources from neighboring states and counties, particularly border communities that frequently access services across state lines. The current version will focus on Delaware resources, with potential expansion in future phases. <p>A full demonstration is anticipated at a future meeting.</p>
Fourth Trimester Education & Messaging	<p>A significant portion of the meeting focused on the need for consumer education regarding the “Fourth Trimester” i.e. the first three months following childbirth.</p> <p>Key Themes</p> <p>Members agreed that:</p> <ul style="list-style-type: none">• Awareness of the fourth trimester is growing but remains limited among the public.• Many women do not understand the importance of postpartum care beyond delivery.• Attendance at postpartum visits continues to decline.• Mothers often focus exclusively on their newborns and may overlook their own health needs.• Women frequently do not recognize symptoms that require medical attention during the postpartum period. <p>Discussion Highlights</p> <p>Participants emphasized:</p> <ul style="list-style-type: none">• The importance of explaining the value of early postpartum visits (2–3 weeks) in addition to traditional 6-week visits.• The need to normalize postpartum care as a continuation of pregnancy care rather than a single follow-up appointment.• The opportunity to introduce fourth trimester concepts earlier through school health education and community outreach.• The potential use of existing communication channels, including the resource map, social media campaigns, and community education initiatives. <p>Proposed Action</p> <p>The committee agreed to move forward with a proposal to:</p> <ul style="list-style-type: none">• Develop consumer-focused messaging and educational materials about the fourth trimester.• Partner with the Delaware Perinatal Quality Collaborative (DPQC) and other stakeholders.• Present the initiative to DHMIC leadership for approval and support. <p>Members noted that improving postpartum care aligns with:</p> <ul style="list-style-type: none">• Delaware’s Maternal and Child Health priorities• Title V National Performance Measures

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	<ul style="list-style-type: none"> • Recommendations from the Maternal Mortality Review Committee • Ongoing AIM Capacity Grant activities • DE Thrives • MCDRC includes 4th trimester in its social media: https://www.facebook.com/photo/?fbid=1028172773106766&set=a.267609682496416
Round robin on upcoming events and how to support one another	<p>Healthy Lifestyles Conference</p> <ul style="list-style-type: none"> • Scheduled in Dover. • Event is currently sold out, though attendees may join a waitlist. • Keynote speaker: Sam Kass, former White House nutrition advisor during the Obama administration. <p>Maternal and Child Death Review Commission Report</p> <ul style="list-style-type: none"> • The 2025 report has been released. • Includes: <ul style="list-style-type: none"> ○ Full annual report ○ Infant Safe Sleep data brief ○ Maternal overdose review findings • Members were encouraged to review and provide feedback. <p>Breastfeeding Month Activities (August) Several organizations announced upcoming events:</p> <p>Bebe</p> <ul style="list-style-type: none"> • Hosting a World Breastfeeding Week event in Sussex County. • Community vendors and educational activities planned. <p>WIC Program</p> <ul style="list-style-type: none"> • Annual Breastfeeding Conference scheduled for early August. <p>ChristianaCare</p> <ul style="list-style-type: none"> • Hosting its annual Latch-On and Family Fair. • Scheduled for the first Saturday in August. • Free community event located at the Women’s and Children’s Building. <p>Committee members were encouraged to share flyers and event information for broader distribution.</p>
Public Comment Period	<ul style="list-style-type: none"> • No public comment.
Next Steps and Closing Remarks	<ul style="list-style-type: none"> • Look for meeting minutes soon. Next full group meeting will be in September.
Adjournment	<ul style="list-style-type: none"> • Meeting adjourned at 11:49.