# Social Determinants of Health Committee

## September 12, 2023

### **Meeting Minutes**

**Location:** Delaware Technical Community College Terry Campus, 100 Campus Dr. Dover, DE 19904

**Attendees:**

Dr. Garret Colmorgen, Khaleel Hussaini, Cindy Biederman, Emily Haas Katzen, Krissy McMahon, Marci Eads HMA, Jack Meyer HMA, Devon Manning, Justina Brinkley, Joan Kelly, Michelle Statham, Mawuna Gardesey, Liddy Garcia-Bunuel and Ana Bueno.

Liddy welcomed members of the committee and reminded them about the CY2023 Goals:

* Assess waiting list for housing assistance for pregnant moms. ​
* Third and Fourth Trimester Support ​
* Other SDOH Needs ​

**Assessing the waiting list**

**Actions**

* Call Housing Alliance Delaware to see who is collecting pregnancy status.
* Contact housing authorities in DE to see if they collect data on pregnancy.
* Contact Housing alliance to assess PIT count to see if they have more data for housing insecure.

**3rd and 4th trimester**

* Joan brought up the issue that moms do not go to the postpartum appointment after losing the child to prep for a new child.
* Word is not getting out and that visit is not important.
* Khaleel looking at the SDoH women are having a hard time to get an appointment. Need for flexible times for women of color that are in the workforce.
* Prioritize scheduling and accessibility.
* Christiana opening a new center with evening and weekend hours, but the issue is staffing.
* Embedded social workers needed.
* Cindy mentioned that CHWs are effective and know how to communicate with the moms. Community health ambassadors encouraging them to see care during 3rd and 4th trimester.
* Bridget Buckaloo joined the meeting and when looking at solutions:
  + Shifting mindsets, it is a big topic missing the concept of care coordination.
  + Diatic care model could be the solution.
  + Family medicine could work if having the right components.
  + Dr. Colmorgen mentioned midwifery
* Liddy brought up the idea of using the centering mode. Emily mentioned Christiana had that. Joan mentioned that centering when they have to go to the appointments does not work.
* Buckaloo mentioned that she felt that care starts where the women are receiving prenatal care and then do well women’s visit.
* Dr. Garrett Colmorgen mentioned that having this at a clinic model would work but not when working with Medicaid.
* Emily Haas Katzen mentioned that it is hard to forecast as patients seem to live day to day.
* Dr. Colmorgen mentioned the importance of supporting community.
* Bridget mentioned the expansion of Medicaid coverage for a full year well woman visit.

**Action**

* Engage the 3 MCOs to talk about how to do more case management and to see other possible solutions.
* CHW educational webinar on importance of 3rd and 4th trimester.
* Explore social media to get the word out on importance of 3rd and 4th trimester and also on Medicaid expansion to cover women 1-year post-partum.

**GBI Presentation**

HMA evaluation team, Jack Meyer and Marci Eads presented the preliminary results of the Return on Investment (ROI) study of the GBI demonstration program. Both mentioned that benefits exceeded the cost 4 to 1 and the results help make the business case to scale the program with a greater return. GBI program demonstrated that is good public health and good for moms in need in Delaware.

* Value of housing benefits got supporting 66,000.
* General overall benefits 2.4 million more than 4
* Smart investment
* Impact on local economy
* Fewer visits more funding coaching and wrap around services they do not go to the hospital.
* Savings for the 40 women approx. 250K
* Feedback from participants show participants’ concerns about needed the funding.

Khaleel asked if there is a model to help people to get out debt and financial security. Liddy mentioned that based on review of literature first city Stockton California evaluated its program with similar findings. GBI is not unique 40 years interest negative income tax. Canada program also positive. Unique first and 2nd trimester there is a payback.

As SDoH scale back the committee could explore how to add supports.

Buckaloo suggested adding a new Cohort to compare before scaling up.

Joan Mentioned Marihuana income due to legalization in Delaware could be a source of funding.

**Meeting adjourned to join DHMIC meeting**.