



# WELL WOMAN-BLACK MATERNAL HEALTH

## Meeting Minutes

**Date:** September 10, 2025, 11:00 AM – 12:00 PM. Virtual Zoom and Anchor Site DPH

**Name of note taker:** Hannah Savage, Ana Bueno

**Facilitator:** Mona Liza Hamlin and Tiffany Chalk

**Member Attendees:** Mona Liza Hamlin, Tiffany Chalk, Nickee Alexander, Carla Aponte Johnson, Ama Amponsah, Charmaine Sampson, Cynthia Guy, Tracy Harpe, Dara Hall, Ida Lewis, Jackie Armstrong, Meena Ramakrishnan, Shebra Hall, Tracy Harpe, Sharonetta Miner, Amily Haas Katzen, Philinda Mindler, George Yocher

**DPH Attendees:** Leah Jones, Chelsea Manwiller, Dede Hesse

**Public Attendees:** Tavanya Lockett

**Summary:** The Well Women Black Maternal Health Meeting began with introductions and agenda review, followed by a roll call to confirm all participants' attendance. The committee discussed the "Her Story 2.0" initiative to address perinatal discrimination and reviewed feedback on Life Plans and health materials, including updates to warning signs and low-dose aspirin usage during pregnancy. The conversation ended with announcements about upcoming events and a decision to prioritize postpartum care improvements for the October meeting.

Agenda Item	Notes
Call to Order, Roll Call, and Approval of Minutes	<ul style="list-style-type: none"><li>Remove retired committee members from the roll call.</li><li><b>ACTION ITEM:</b> HMA to maintain roster of committee members.</li></ul>
Ground Rules	<ul style="list-style-type: none"><li>Mona Liza reviewed the ground rules and asked the committee if any members had feedback or additions. Members agreed to the ground rules.</li></ul>
Share out on Her Story 2.0 Workgroup	<p>The committee discussed the "Her Story 2.0" initiative, a platform to elevate women's voices and address perinatal discrimination, particularly for Black women and those with SUD. Tiffany Chalk, co-chair, presented the project's goals, which include raising awareness about perinatal discrimination, educating on the 4<sup>th</sup> trimester and postpartum visits, and empowering women to advocate for their health.</p> <ul style="list-style-type: none"><li>Additionally, the workgroup is considering adding His Story to the project. A committee member voiced support for His Story in the chat.</li><li>Her Story will target both consumers and providers.</li><li>The workgroup will continue to report out as there are updates.</li></ul>



Overview of Feedback around Life Plans	<p>The committee also addressed feedback on the Life Plans, noting limited engagement but fixing a broken link. The co-chairs requested the committee provide further input and action on the Life Plans.</p> <ul style="list-style-type: none"><li>• <a href="#">Man Up Plan Up – Men</a></li><li>• <a href="#">My Life, My Plan – Women</a></li><li>• <a href="#">My Life, My Plan – Teens</a></li></ul>
Maternal Health Warning Signs	<p>Bridget gave an update about the maternal health warning signs, focusing on the prenatal and postpartum periods. She reported that all birthing hospitals are providing education and distributing materials about postpartum warning signs, with most using either the CDC or DPQC version of the content.</p> <ul style="list-style-type: none"><li>• Bridget noted that the DPQC, being a hospital-based quality improvement platform, has limited influence on prenatal care, which occurs in the outpatient setting.</li><li>• Mona suggested involving payers in the conversation to address prenatal care challenges, and Bridget agreed that MCOS and care coordination have been involved in related initiatives. Bridget also mentioned the effectiveness of public campaigns, such as CA’s “4th trimester” messaging, in raising awareness about maternal health warning signs.</li></ul>
Low-dose aspirin in pregnancy	<p>The discussion focused on low-dose aspirin usage during pregnancy, particularly for preventing preeclampsia and premature birth. Bridget explained that while the Maternal Health Task Force is currently focused on SUD, the task force could potentially promote low-dose aspirin as a standard practice. They discussed challenges with auditing aspirin administration in the outpatient setting and the need for better education for pharmacists about its safety during pregnancy.</p> <ul style="list-style-type: none"><li>• Mona mentioned that Erin Rideout’s team conducted focus groups on this topic, highlighting the importance of appropriate messaging to Black pregnant women.</li><li>• A committee member shared that The Preeclampsia foundation has done a lot of education and videos about this topic that are promoted to the doulas. <a href="https://www.preeclampsia.org/doula">https://www.preeclampsia.org/doula</a></li><li>• It was discussed that Chelsea will be able to promote some of the discussed materials through DE Thrives.</li></ul>
Round robin on upcoming events and how to support one another	<p><b>Community Baby Shower</b> <i>October 15, 2025, 4pm-5pm</i> Robert E. Price Community Center, 103 Dorman St., Harrington, DE 19952 <a href="#">Click here to register</a></p> <p><b>DPQC and the Maternal &amp; Child Death Review Joint Public Meeting</b> <i>September 15, 2025, 4pm-5pm</i> Hilton Garden Inn - 1706 N Dupont Hwy, Dover, DE 19901 In-person only, agenda forthcoming</p> <p><b>DPH Chronic Disease Self-Management and Self-Monitoring Workshops</b> <a href="#">Click here for more information</a> about Healthy Heart Ambassador Program <a href="#">Click here for more information</a> about Healthy Delaware Self-Management Program</p>



Public Comment Period	<ul style="list-style-type: none"><li>• No public comment</li></ul>
Next Steps and Closing Remarks	<ul style="list-style-type: none"><li>• Mona will sent the low dose aspirin educational video to Leah for potential social media distribution through DE Thrive.</li><li>• Birdget will take the low dose aspirin discussion back to the DPQC.</li><li>• Committee members to review the Life Plan links and provide feedback to Mona, Tiffany, or Hannah.</li><li>• Committee members to consider attending the meetings shared above.</li><li>• Committee members to prepare for discussion on 4<sup>th</sup> trimester gaps and opportunities at the next meeting on October 22<sup>nd</sup>.</li><li>• Hannah will send out these materials and the life plan information</li></ul>
Adjournment	<ul style="list-style-type: none"><li>• Meeting adjourned at 12:00 PM</li></ul>

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